

## National PBC Patient Conference Program

### SATURDAY, JUNE 3

#### 8:00 – 9:00 BUFFET BREAKFAST

#### 9:00 – 9:15

##### Welcome and opening remarks

Gail Wright, President, Canadian PBC Society & Shauna VanderWell, Alberta Coordinator

#### 9:15 – 9:45

##### Understanding PBC – Where have we been and where are we now?

Dr. Gideon Hirschfield

#### 9:45 -10:15

##### PBC - Prevalence in Canada, indigenous communities & worldwide

Dr. Andy Mason

#### 10:15–10:30 BREAK

#### 10:30 – 11:00

##### Are we closer to understanding PBC fatigue?

Dr. Mark Swain

#### 11:00 – 11:30

##### Itch and beyond – Symptom-led care in PBC

Dr. Cynthia Levy

#### 11:30 – 12:00

##### Morning recap & discussion

**Moderator:** Julie Totten **Panel:** Hirschfield, Mason, Swain & Levy

#### 12:00 – 1:00 LUNCH

#### 1:00 – 1:30

##### Current and future treatments

Dr. Hin-Hin Ko

#### 1:30 – 2:00

##### Understanding late-stage disease and what's involved in transplant assessment

Dr. Aldo Montano-Loza

#### 2:00-2:15 BREAK

#### 2:15-2:45

##### Mediating the impact of stress on chronic diseases like PBC

Dr. Puneeta Tandon

#### 2:45- 3:15

##### Balancing quality of life with quantity of life

Dr. Aliya Gulamhusein

#### 3:15-3:45

##### Afternoon recap & discussion

**Moderator:** Julie Totten **Panel:** Ko, Montano-Loza, Tandon & Gulamhusein

#### 6:00 – 9:00 Gala Dinner Reception & Presentations

### SUNDAY, JUNE 4

#### 8:30 – 9:30 BUFFET BREAKFAST

#### 9:30 – 9:45

##### Morning stretch and meditation

#### 9:45 - 10:15

##### EMPOWER program

Makayla Watt

#### 10:15 – 10:45

##### IQRARE – peer to peer program

Dr. Inbal Hourì

#### 10:45 – 11:00 BREAK

#### 11:00 – 11:45

##### Ask the Experts – Q and A with the experts

Panel

#### 11:45 – 12:00 Wrap-up



*Staying Strong for 20 years*